

PRINCIPAL'S NEWS

19th June 2020

Many years ago I read a book that I valued by Richard Carlson entitled 'Don't Sweat the Small Stuff', and if I've taken anything from the Covid circumstances, it would be that I've learned to sweat a little less about small stuff.

Once we were confronted with the implications of a global pandemic, many things that I thought of as urgent or matters of great importance turned out to be neither of these things.

Steve Francis, wrote the following article.

We can all overreact and blow things out of proportion. A useful question to ask ourselves can be, "Will this matter a year from now?"

If we lose sight of the bigger picture and only notice negative aspects of our situation we can end up running around in a panic, trying to solve problems and put out fires. Because everything seems like a big deal we end up rushing around from one drama to the next. This creates both a mindset and a habit that hinder, rather than help us.

It is important to be aware of when our reserves are low and that our thinking may be blowing issues out of proportion. We need to be aware of what Carlson describes as the Snowball Effect of Our Thinking. One thought leads to another and yet another, until at some point we become incredibly agitated.

By catching ourselves blowing things out of proportion we are better able to respond to the challenges that inevitably come our way. Problems that we thought were insurmountable become more manageable.

Spending excess time and energy 'sweating the small stuff' takes away valuable opportunities to appreciate the many great things in our lives.

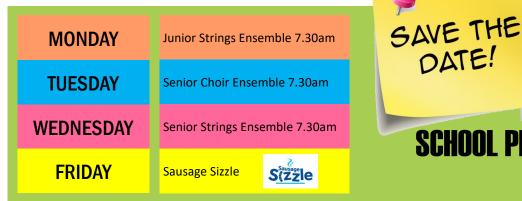
"Whether we had to wait in line, listen to unfair criticism, or do the lion's share of the work, it pays enormous dividends if we learn not to worry about little things."

With the holidays coming up, there will be times when you can get frustrated with your kids. Clothes left around, things being broken and so on. Make sure you keep things in perspective. Most things really are *small stuff* at the end of the day.

Over the next few weeks we are expecting further announcements – hopefully positive ones - that will affect schools. We will of course communicate further around any that impact us here at St Patrick's.

Mark For

KEY DATES FOR WEEK 9











Click the facebook icon to go to our school facebook page.



Click the Parish logo to go to the Parish Newsletter.



Monday 20th July

Click the Centacare logo to go the Group Programs Calendar.

SCHOOL FEES

Term 2 school fees are now past due being the 15th June. Thank you to all the families which have made contributions to their fees. If you are unsure of your current balance, this can be accessed via your <u>Parent Lounge</u>.

Any families who have been financially impacted and/or hold a Pensioner or Health Care Card may be eligible to for concession of their school fees. Please contact Finance Officer Maria Davies on 41521380 or email at spbg_finance@rok.catholic.edu.au.

SCHOOL PHOTOS

St Patrick's Catholic Primary School



SCHOOL PHOTOGRAPHS WILL BE TAKEN ON: Monday 20 July 2020

ORDER NOW go to www.advancedlife.com.au and enter the code K5C 1GB PD7

Dear Parents,

School photographs are scheduled to be taken by advancedlife. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our school's unique 9 digit advancedorder code. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquiries@advancedlife.com.au

SAUSAGE SIZZLE









A blue guitar with a maroon case (as shown opposite) has been located on school grounds.

Please contact the office if you are missing this item.

SCHOOL MUSICAL



We are excited to be able to recommence rehearsals for our 2020 school musical Cinderella & Rockerfella.

Look out for this talented group of performers each Thursday afternoon during Term *š*.

CINDERELLA ROCKERFELLA St Patrick's School Musical 2020

Cinderella and Rockerfella Rehearsal Schedule 2020

Term 3				
3.15pm – 4.45pm	All cast members	Covered Area – St Patrick's		
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3.15pm – 4.45pm	All cast members	Covered Area – St Patrick's		
3.15pm – 4.45pm	All cast members	Covered Area – St Patrick's		
	No Rehearsals	Home activities to be completed		
	3.15pm – 4.45pm 3.15pm – 4.45pm 3.15pm – 4.45pm 3.15pm – 4.45pm 3.15pm – 4.45pm 3.15pm – 4.45pm 3.15pm – 4.45pm	3.15pm - 4.45pmAll cast members3.15pm - 4.45pmAll cast members		

Holidays

Term 4			
Thursday 8 Oct – Week 1	3.15pm – 4.45pm	All cast members	Covered Area – St Patrick's
Thursday 15 Oct – Week 2	3.15pm – 4.45pm	All cast members	Covered Area – St Patrick's
Sunday 18 Oct	10.00am -1.00pm	All cast members	Shalom PAP
Wednesday 21 Oct – Week 3	9.00am-3.00pm	All cast - Rehearsal and light and sound check	Bus to Shalom at 9am
Thursday 22 Oct – Week 3	ТВА	Performances	Bus to Shalom at 9am
Friday 23 Oct – Week 3	ТВА	Performances	Bus to Shalom at 9am

ACARA SURVEY

ACARA is embarking on an organisation-wide project to redesign its website portfolio, which has a combined audience of over five million visitors a year. The aim of this project is to make sure you can easily access information on ACARA's work and improve your website experience.

To make sure their new websites are designed around you, they need to gather your insights on the usability and opportunities for improvement of their websites, and would appreciate if you took the time to complete some surveys on their various websites: Please complete the <u>ACARA/NAP website survey</u>.

Please complete the <u>My School website survey</u>.

Please complete the Australian Curriculum website survey.

AUSTRALIAN CURRICULUM, ASSESSMENT AND REPORTING AUTHORITY

Your time and feedback through these surveys is greatly appreciated.

The <u>National Report on Schooling in Australia for 2018</u> has also been released. ACARA produces this report on behalf of the <u>COAG Education Council</u>.

OUT AND ABOUT

