

PREP TO YEAR 6 P. 07 4152 1380

35 Mulgrave St Bundaberg West, QLD

PRINCIPAL'S NEWS

24 March 2023

Last Friday, we celebrated an amazing feast day of St. Patrick. This saw our school Mission statement in action. It began with a Liturgy lead by Fr. Sijo where we got to show our Love of God, listen to stories of St. Patrick living by the Gospel and we witnessed faith as a community. The link below will take you to the beautiful film clip shared during the liturgy. The lyrics are from 'Christ Before Me' by Keith Duke and images of our students capture beautifully how we seek out learning opportunities that not only fill our inquiring minds with knowledge but help us to build positive and supportive school relationships. We then moved on to celebrate life and all we love about St. Patrick's via our dance routines and a treasure hunt exploring special icons around our school. I asked students, if they could have five minutes with St. Patrick or Catherine McAuley, what about their school would they thank them for and this is what they said;

> *For helping us to celebrate St. Patrick's Day and life (4K-Mahlia L) * For teaching us new things (4K-Gus M) *The kind and caring teachers (4M-Oliver B) *Teachers that help us, especially when we are hurt (4M-Laynee Mc, Kimberley C) *Great friends to play with (4M-Beren T) *A great playground and lots of room (4M-Olivia T) *Fun and safe playground (4C-Jackson O'D) *Great opportunities for learning (4C-Caelan D) *Kind and caring teachers (4C-Natalia A)

Earlier in the year we acknowledged our Year 6 co-hort as a collective group, that would lead our school through 2023. St. Patrick's Day also saw us acknowledge individuals that were voted in, by their peers, to House leader positions. These students will have a pivotal role in motivating and encouraging their teams to give their 'BEST SHOT' through Athletics Day, Senior Cross Country, Junior Obstacle Course and Swimming Carnivals. These deserving students are named and pictured in the following page holding their House flag. Congratulations to these students. I know they will represent their Houses well!

St Patrick's Day 2023 Link

Year 3 and 5 students completed NAPLAN tests this week. In carrying out walkthroughs, I was assured by many students that they felt confident during these assessments. What impressed me most was how calm and resilient these students appeared to be. This attitude and approach to this 'snapshot experience' can only be reflective of the team preparing students and this includes staff, teachers and parents. Congratulations to all involved!

On the weekend I witnessed the Order of Installation of Fr. Don White into the role of Pastor of our Bundaberg Parish. This was celebrated by Bishop Michael, last Sunday morning, at the 9am St. Patrick's Mass. It was wonderful to hear of the experience that Fr. Don brings to Bundaberg. He celebrated our opening liturgy for us earlier in the year and we look forward to welcoming him back to this lovely community very soon.

Kim Q'Shea-Hard







Click the Parish Ioao to qo to the Parish website



Click the Facebook icon to ao to our Facebook



Absentees

4994 8336

spb_absentees@rok.catholic.edu.au

APRE NEWS

This term during Lent, we have been learning about those less fortunate than ourselves through the stories of Project Compassion. As in previous years we will hold our annual Mini Fair as the major school fundraiser for Project Compassion. The aim of the Mini Fair is to have our children be involved in the planning and management of an event in which their ideas can help out others. The Mini Fair will be held on the last day of school this term (March 31 at 11am). You will have received information letters about the fair from class teachers over the last couple of weeks. You are most welcome to attend the Fair with your children and they are permitted to go home with you at the conclusion of the fair. All items from the Mini Fair will cost between 50c and \$2. Parents, please note that some of the prizes are chocolates that may contain traces of peanuts and tree nuts.

Stalls will include:-

- Lucky Dip
- Cupcake decorating
- Jewellery making
- Mystery Bags
- Yr 6 Arcade
- Nail Polish
- Hair Spray & Tattoos
- Zooper Doopers
- Trash 'n' Treasure
- Bucket Dunk (teachers could get wet)
- Beanbag toss
- Guess the Jar and much, much more



CATHOLIC IDENTITY SURVEY



Go to the Survey Site:

<u>www.ecsi.site/au/user/</u> and enter Ghj654 Your school Group code: i1289 Your school Survey Access Code: j7346x

CATHOLIC IDENTITY SURVEY

One of the most important things about being a Catholic school in the 21st century is knowing who we are and what purpose we serve. We need to have a clear understanding of our role as a Catholic school. To assist with this and as an important part of our School Improvement process, St Patrick's will shortly participate in a Catholic Identity survey which is conducted by Leuven University in Belgium. The research project is aimed at assisting us with understanding how our Catholic identity ty is expressed in work and practice as well as supporting plans to further enhance our Catholic Identity for the future.

All staff, along with our students from years 5 and 6 will participate in the survey at school. We would also like to give parents a voice by inviting and encouraging you to take part in the survey, which will be conducted online and is not identifiable.

ADMINISTRATION NEWS

PICKING UP AFTER SCHOOL-POWERS STREET

A designated **NO STANDING** zone exists between the entry gate of Powers St Carpark and to the north of the Church carpark. Stopping in this zone, which includes the shoulder of the road, greatly impacts the safety of our students using the pedestrian crossing and vehicles entering the Church carpark. The presence of Queensland Police on Powers St this last week has been a timely reminder for us all of the **NO STANDING** area when approaching the entry gates.



PICKING UP AFTER SCHOOL - MULGRAVE & POWERS STREETS

Please be mindful of traffic when queuing on Mulgrave and Powers Streets, especially on either side of the pedestrian crossings on these roads. Please make yourself familiar with the road rule specific to pedestrian crossings taken from <u>Transport Operations (Road Use Management—Road Rules) Regulation 2009</u> (Part 12: Restrictions on stopping and parking) detailed below.

(1)	A driver must not stop on a pedestrian crossing that is not at an intersection, or on the road within 20m before the crossing and 10m after the crossing, unless the driver—		
	(a) stops at a place on a length of road, or in an area, to which a parking control sign applies; and		
	(b) is permitted to stop at that place under this regulation.		
	Maximum penalty—20 penalty units.		
(2)	For this section, distances are measured—		
	(a) in the direction in which the driver is driving; and		
	(b) as shown in the example.		
(3)	In this section—		
	road does not include a road-related area, but includes any shoulder of the road.		

DROPPING OFF BEFORE SCHOOL - MULGRAVE & POWERS STREETS

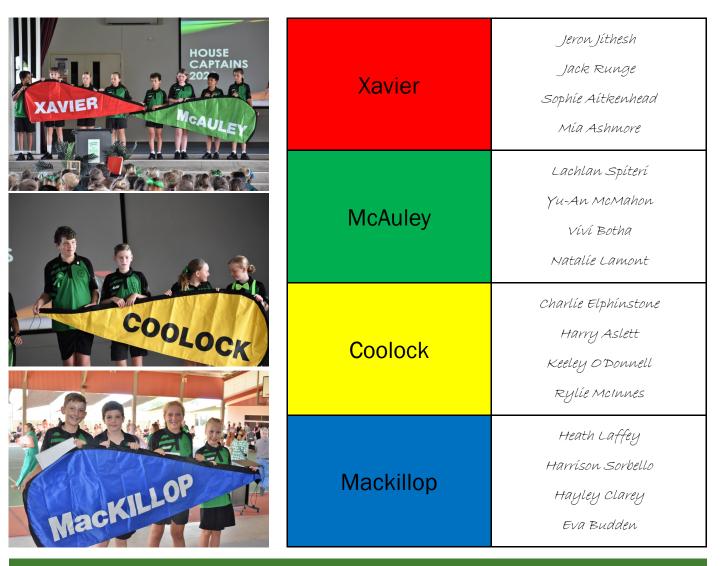
The school's Drop off Zones are only a 1-2 minute Standing Zone. Before you leave home, make sure your child has their bag ready and with them in the car. When your car pulls alongside the Drop Off Zone, drive forward as far as you can, stop and then have the children exit the car on the footpath side as quickly as possible. This is not a time for long goodbyes, hair brushing and so on; do these things at home. Try to avoid getting out of your car during these times if possible, as this greatly disrupts the process. We understand some children may need assistance with seat belts.

ADMINISTRATION CARPARK

Parking in the Mulgrave Street Administration Carpark is for staff only. This carpark has been specifically designed for a PickUp and Drop Off Zone and Parents are not to park in this area from 7:45 am – 8:45 am and 2:45 pm – 3:30 pm, as parking and reversing severely disrupts the Pick Up and Drop Off process during these times. The only exception to this is for our families who use our designated Disabled Parks in the staff carpark.

SPORTS NEWS-HOUSE CAPTAINS

Congratulations to all of our House Captains for 2023. We wish the following House Captains all the best as they lead their team in the three major sporting carnivals in 2023.



BUNDABERG DISTRICT REPRESENTATIVES



Congratulations **SOPHIE WAKELEY**, **LAYLA MOR-LEY** and **TAYLOR MCLEAN** who have been selected to represent the Bundaberg District in the sport of **NETBALL** at the upcoming Wide Bay selection trials. We wish you all an enjoyable and rewarding experience at the trials.



CROSS COUNTRY CARNIVAL (YEARS 3-6)

WHEN:	Monday, 24 April 2023
WHERE:	Shalom College

Event Times:

1.	9:10am:	Boys & Girls Born 2012 & 2011 (11 & 12yrs)
2.	9:40am:	Boys & Girls Born 2013 (10yrs)
3.	10:10am:	Boys & Girls Born 2015 (8yrs)

- 4. 10:20am: Boys & Girls Born **2014** (9yrs)
- 5. 10:30am: Boys & Girls Born **2013, 2012 & 2011** (10-12yrs)

Boys in each age group will start first, with the girls starting 30 seconds later.

PRESENTATIONS: Age Champions (10-12yrs) and Overall Champion House will be presented immediately after the event at Shalom.

ALL STUDENTS

 $\ensuremath{\text{MUST}}$ run in school sports uniform with house coloured shirt.

 $\ensuremath{\text{MUST}}$ run in footwear. The course will be clearly marked and supervised.

MUST bring their school hat and water bottle. Sunscreen will be provided by the school upon leaving the school grounds on the morning of the carnival.

Students placed first and second in A Division Born 2011, 2012 & 2013 will be considered for selection to compete at the Bundaberg District Cross Country trials to be held at Avoca State School on Friday 12th May. Qualifying times need to be met to participate in the District carnival.

'A' Division students are invited to attend a '<u>Walk the Course</u>' afternoon at Shalom on Thursday, 20th April at 3:45 pm. This is a great opportunity for students to familiarise themselves with their respective events. There will be no changes to the 1km, 2km and 3km courses that were run in 2022.

All students finishing 1st-10th place and competing in A Division races will receive a ribbon for their place in the event. All other students will be advised of their final position in the race on the day. A warm invitation is open to all interested parents to support their child/children during this event. Approximate times have been outlined above, although please understand that there may be a need for flexibility with these times. Parking will only be made available in the Arts Precinct carpark (the first carpark to the left off Brother Hogan Drive). Please note the Staff toilets in the Shalom Sports Centre will be available to adults on the day. The toilet facilities in the 'Hangar' Sports Shed are for student use. Your cooperation with this is greatly appreciated.

Children will travel by bus to Shalom College with their class teacher who will supervise students in travel and throughout the carnival. Lunch and afternoon tea will be at normal times at school.

HOW TO NOMINATE YOUR CHILD

2014-2015 Born Competitors - Individual nominations are not required as all students in these age groups participate in a 1km event. Action Required - Login into Parent Lounge to approve their participation in the 1km event only.

2011, 2012 & 2013 Born Competitors – Nominations need to be made for students born in these age groups for either the 3km/2km or 1km event. All students are expected to participate unless there is a health matter that may preclude their involvement in this carnival. Please discuss the course options with your child to ensure they are aware of their nominated event on carnival day. Action Required – Login to Parent Lounge to nominate your child in <u>either</u> the competitive (2km/3km) event or the Fun Run (1km) by Friday 31st March.

We look forward to an enjoyable and supportive event for all competitors. Please do not hesitate to contact Annette Hammermeister if you have any queries regarding this event.

CROSS COUNTRY TRAINING-EVERY TUESDAY AT 7:45AM

Interested students are to meet Miss G in the multi-purpose shelter. Students are to wear comfortable training clothes and can change into their school uniform at the end of the training session. The training sessions will be offered to all students in Years 3-6 and cater to all ability levels.



3km – A Division 2km – A Division 1km – A Division

1km - A Division

1km - Fun Run

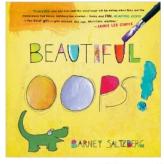
COUNSELLOR NEWS

Perfectionism and Mistake Making

In last week's newsletter article, I spoke about praise and growth mindset and today's topics of perfectionism and mistake making flow on from these concepts really nicely. Some children will struggle more with perfectionist tendencies than others, particularly those with a more anxious temperament. Below are some resources you might want to explore when it comes to managing perfectionism or encouraging children to understand the importance of having a go and making mistakes.

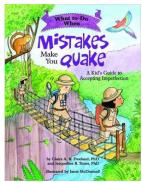
The Anxiety Canada website has lots of wonderful information and resources for parents around every possible anxiety related topic. <u>https://www.anxietybc.com/parenting/parent-child</u> The Anxiety Canada website also has some parent information for supporting perfectionistic children which include educating your child about perfectionism, teaching them positive statements, helping them gain perspective, praising them for effort, strategies for overcoming procrastination and helpful hints for role modelling. <u>Helping Your Child Overcome Perfectionism - Anxiety Canada</u>

Reading books together can be a wonderful way of supporting your children around a variety of topics including mistake making.



Beautiful Oops! By Barney Saltzberg—This book is great for the littlies and teaches them that it's okay to make mistakes.

What to do when mistakes make you quake: A kid's guide to accepting imperfection by Claire A.B. Freeland





Wreck this Journal By Keri Smith

This book is great for middle and upper years primary children (and beyond!) This book prompts readers to muster up their best mistake and mess-making abilities to fill the pages of the book (and destroy them). Great for anyone wanting to connect with their creativity in a totally nonperfectionist way! I'm sure there are many children, teenagers and adults who would enjoy this one.

EMMAUS COLLEGE 30 YEAR ANNIVERSARY



TERM TWO PLANNER

WEEK 1	Week 17th April - Friday 21st April				
Monday	School returns				
Tuesday—Thursday	Courtyard Prayer	8:40am	2N		
Friday	Junior Obstacle Course	9:00am-11:00am	Prep - Year 2		
WEEK 2	Week 24th April - 28th April				
	Senior Cross Country	9:00am-11:00am	Years 3-6		
Monday	Anzac Day Liturgy	2:00pm	Year 5		
Tuesday	PUBLIC HOLIDAY - ANZAC DAY				
Wednesday—Thursday	Wednesday to Thursday—Courtyard Prayer 8:40am 6L				
WEEK 3	Week 1st May - 5th May				
Monday	PUBLIC HOLIDAY - LABOUR DAY				
Tuesday—Thursday	Courtyard Prayer	8:40am	6M		
WEEK 4	Week 8th May - 12th May				
Monday	Parish Mass	9:00am	Year 6		
Tuesday-Thursday	Courtyard Prayer	8:40am	6S		
	Mother's Day Liturgy	9:00am	Year 2		
Friday	District Cross Country	12:00pm-2:30pm	Avoca		
WEEK 5	Week 15th May - 19th May				
Monday	Parish Mass	8:40am	Year 4		
Tuesday-Thursday	Courtyard Prayer	8:40am	10		
WEEK 6	Week 22nd May - 26th May				
Monday	Parish Mass	8:40am	Year 3		
Tuesday—Wednesday	Courtyard Prayer	8:40am	1M		
WEEK 7	Week 29th May - 2nd June				
Monday	Parish Mass	8:40am	Year 2		
Tuesday—Wednesday	Courtyard Prayer	8:40am	1N		
Thursday	BUNDABERG SHOW HOLIDAY				
WEEK 8	Week 5th June - 9th June				
Monday	Parish Mass	8:40am	Year 5 & 1		
Tuesday—Thursday	Courtyard Prayer	8:40am	4C		
Friday - Saturday	Music Camp	All Day			
WEEK 9	Week 12th June - 16th June				
Tuesday—Thursday	Courtyard Prayer	8:40am	4K		
WEEK 10	Week 19th June - 23rd June				
Monday	Field Events Day (Born 2011-2013)	All Day			
Tuesday	Senior Athletics Carnival (Born 2011-2014)	All Day			
Tuesday—Thursday	Courtyard Prayer	8:40am	4M		
Friday	Junior Athletics Carnival (Born 2015-2018)	All Day			

OUT AND ABOUT



Arrows Athletics Hockey Club

AGE GROUPS: UNDER 7, 9, 11, 13, 16 SENIOR MEN AND WOMEN.



2023 Season

Come and try wednesdays, 5pm @ Hinkler Park

Contact details

LIKE AND FOLLOW US ON FACEBOOK. SEND US A FACEBOOK MESSAGE FOR A PROMPT REPLY. BRANCH MANAGER: GENENE BRAYSHER 0418 799 874



Little Athletics Oueensland

FairPlay

FOR MORE INFORMATION www.bargaraathletics.org.au Phone 0402 041 663 secretarybargaraathletics@gmail.com Find us on Facebook