

PREP TO YEAR 6 P. 07 4152 1380 35 Mulgrave St Bundaberg West, QLD

PRINCIPAL'S NEWS 15th July 2022

Year 4M led prayer this week in a very special way. Their theme was Peace, and on Thursday they led us in reflection about experiencing peace. They reminded us of what peace sounded like, felt like and how it made us feel when we were lucky enough to experience peace ourselves. At the end of the day, we all enjoy being at peace.

That desire for peace – the idea of looking after ourselves and those others with whom we share a common interest – is worth fighting for.

In recent NAIDOC celebrations, we are reminded of the need to in a sense, make peace with our past and ensure our relationship with first nations people is such that we can move forward together into the future in a way that improves the common good for all Australians. It won't be easy, but certainly worth fighting for and our First Nation's people are inspiring us all to do more.

While we had a family from the Ukraine in our school, we were able to get a sense of the absolute horror of war, and yet we see this relatively small country, prepared to sacrifice everything so that they can live together in peace in the future. Other nations around the world recognise this and have stepped in to support the Ukraine. Again, a common good worth fighting for.

This morning I received a Challenge Cup photo where one of our smaller Year 5 boys is absolutely determined to complete a one-on-one tackle on the biggest kid I've yet to see playing Primary School Rugby League. I'm guessing that he believes his teammates, his coach, his school is important enough to him that he would take on the challenge. Common good worth fighting for. Certainly on Wednesday night's game, we saw that same level of commitment to each other and to the people they represent. It was absolutely inspirational and showed what can be achieved when committed people work together for the common good.

Year 4 and all of these people have reminded me not to be one of life's bystanders. If we want change for the better, we need to be involved, find like-minded people and we need to commit to what ever it takes to bring about change for the common good.

Mark For



SCHOOL PHOTO DAY

St Patrick's Catholic Primary School

Day of Photography

18/07/2022

- 1. Please wear your full school uniform
- Please place your order online before the day of photography
 Go to www.advancedlife.com.au and enter this code:

K5C 1GB PD7

- Payment can be made using Visa, Mastercard, PayPal or Latitude Pay
- If you are unable to order online, please hand your completed order envelope directly to the photographers on the day of photography

If you have any queries concerning school photographs and ordering, please contact *advancedlife* directly: www.advancedlife.com.au/contact



IMPORTANT - "NOT FOR PUBLICATION" STUDENTS

If you have instructed your school that your child's image is "not for publication" (sometimes called "do not publish" or "not for media release" instructions), the school will ensure that your child is not presented to our photographers on photographs will not be available for purchase. If you wish to change your instruction, then you must notify your school, so they change their records and identify your child as able to be photographed for school photography purposes. All students presented to our photographers by your school on photo day will be photographed, their images will appear in school photography packages with their fellow students and these packages will be available to purchase by all families.

TUCKSHOP MENU 2022

Please note the tuckshop menu for Term 3 has been revised and now includes daily specials on specific days. Gluten friendly options are also available on the Qkr app. Please note some price increases on certain items due to the increased cost and availability of certain products.

Please find link to the St Patrick's Tuckshop menu by clicking here.

Reminder that all orders should be placed via Qkr app on mobile devices before 8:15am each day.

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Sausage Roll 33.50 Chicken or Ham Salad \$6.00 Splits Chicken Nuggets 31.50 Chicken or Ham Salad \$6.00 Bulla Frozen Yoghurt—Strawberry/Mango Party Pies 31.50 Salad Only \$4.50 Pizza—Hawailan / Meatiovers / Cheese 34.00 Lettuce, Tomate, Cheese, Carrot, Cucumber, Rectroot & Egg BLTC \$4.50 Salad Only \$4.50 Pizza—Hawailan / Meatiovers / Cheese 34.00 Lettuce, Tomate, Cheese, Carrot, Cucumber, Rectroot & Egg Press SANDWICHES/WRAPS Ham & Cheese \$4.00 Apple Slinky (2nd break only) \$1.50 Sparkling Water Ham & Salad \$4.90 Fruit Salad \$3.00 GLEE—Tropical/Raspberry/Bubblegum Grapu/Blackcurrant Burst Water Chicken & Salad \$4.00 Jatz & Cheese \$1.50 Vegemite \$4.00 Jatz & Cheese \$1.50 Ham or Chicken & Salad Wrap (Full) \$5.00 Muffin—Chocolate Slice \$2.00 Chicken/Lettuce & Mayo Wrap \$5.00 Voyliteenies \$1.00 WEDNESDAY Karaage Chicken Skewers x Cheese \$1.50 WEDNESDAY Karaage Chicken Skewers x Cheese \$1.50 WEDNESDAY Karaage Chicken Skewers x Salad Chicken & Cheese \$1.50 WEDNESDAY Karaage Chicken Skewers x Salad Chicken Skewers x Salad Chicken & Cheese \$1.50 Chicken & Cheese \$1.50 WEDNESDAY Karaage Chicken Skewers x Salad Chicken Skewers x Salad Chicken Skewers x Salad Chicken & Cheese \$1.50 Chicken	\$1.5
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	2 \$6.0
Add Tomatoes \$0.50 Red Rock Deli Chips \$2.00 Pasta, Curry or Rice Dish with	4

SAUSAGE SIZZLE

Friday Sausage Sizzle will be held each and every Friday this term. Each week we require three volunteers to assist with the serving and clean up of the sizzle. If you are able to help out for your child's year level from approximately 10.45-11.45 on a Friday, please contact the office.



Week	Year Level	Volunteers Required	
Week 2	Year 1	3 Volunteers Required	
Week 4	Prep	3 Volunteers Required	
Week 5	Year 6	3 Volunteers Required	
Week 6	Year 5	3 Volunteers Required	
Week 7	Year 4	3 Volunteers Required	
Week 9	Year 3	3 Volunteers Required	

COVID-19 UPDATE

St Patrick's Catholic Primary School wishes to advise you that, during the past week, we have been notified of positive cases of COVID-19 in our school community.

St Patrick's Catholic Primary School regularly consults with the Catholic Education Office and relevant authorities and continues to follow the advice of Queensland Health regarding cleaning requirements.

Queensland Health has advised that no quarantine of students or staff is required as a result of school based contact.

As COVID-19 remains active in our community we ask you to continue to monitor your child's/children's health and if they develop any flu-like symptoms:

- Keep your child/children at home
- Seek a PCR or Rapid Antigen test where it is recommended and notify the school of positive results.
- Follow the advice of Queensland Health

As we continue to navigate the pandemic, please remind your child/ren to:

- maintain good hand hygiene at all times
- cover coughs and sneezes with a tissue or the inside of their elbow and dispose of tissues in the bin immediately.
- practice social distancing from others where possible
- wear masks when required

We will continue to work closely with health authorities to keep our school community informed of any developments and advice. Thank you once again for your ongoing support.

FLU AND INFLUENZA ADVICE

As you are aware every year Queensland experiences an influenza or flu season. Qld Health has advised that it has recorded an increase in the number of influenza notifications. Therefore, is timely to remind parents and care-givers not to be complacent about the flu.

Flu is a virus more serious than the common cold and can be spread through talking, coughing and sneezing. Symptoms include sudden fever, dry cough, muscle aches and pains, fatigue, headache, sore throat and a stuffy or runny nose.

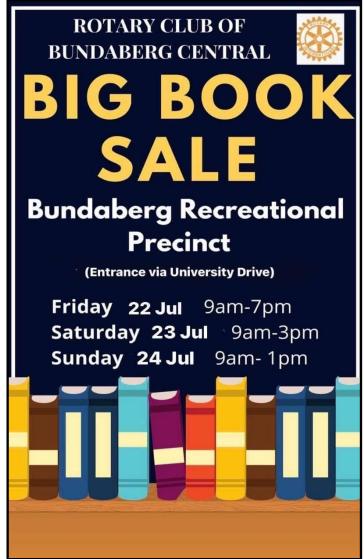
If your child has flu-like symptoms, the following is advised:

- Keep your child home from school
- Ensure your child washes their hands regularly with soap and water or sanitiser gel
- Encourage your children when coughing or sneezing, to cover their mouth and nose with disposable tissues which should be disposed of immediately
- Ensure they drink plenty of fluids and get lots of rest
- Consult your doctor if you are concerned about their symptoms.

SEASON
AHEAD

The school requests that anyone displaying flu-like symptoms stay at home until such symptoms have passed. Families should also reinforce the recommended protective actions listed above. Increased awareness and ongoing attention to prevention and control measures, such as vaccination and good hygiene, are steps that we can all promote to reduce the impact of influenza.





Tuff Masters

Building Mastery over self and with others

This is <u>a</u> 8-week program for boys in grades 4, 5 and 6 to learn the skills needed to gain mastery over their self and improve their relationships with others.







Challenges, games & focused discussion are used in equal parts to help boys learn the skills needed to be more successful at home, school and in the community.

Self-regulation and Social Skills taught:

Attention and Focus
Impulse control
Awareness of self and others
Communication
Working Memory
Task initiation and follow through
Time management and organisation

Tuesday afternoons starting 11th Oct – 29th Nov 3:20pm drop off for a 3:30pm start



Tuff Masters is facilitated at <u>Peirson</u> Services. For more <u>information</u> please contact us on 07 4151 2299 or Bundaberg@peirsontrust.org.au

TERM THREE PLANNER

WEEK 1	Week 11th July - Friday 15th July					
Monday	Start Term 3 2022					
Tuesday - Thursday	Tuesday to Thursday—Courtyard Prayer	8.40am	4M			
Wednesday - Friday	Challenge Cup	All Day				
WEEK 2	Week 18th July - 22nd July					
Monday	School Photo Day					
Tuesday — Thursday	Tuesday to Thursday—Courtyard Prayer	8.40am	4K			
WEEK 3	Week 25th July - 29th July					
	CATHOLIC EDUCATION WEEK					
Tuesday - Thursday	Tuesday to Thursday—Courtyard Prayer	8.40am	4C			
WEEK 4	Week 1st August - 5th August					
Tuesday	Courtyard Prayer	8:40am	Prep D			
Wednesday	Courtyard Prayer	8:40am	Prep S			
Thursday	Courtyard Prayer	8.40am	Prep W			
WEEK 5	Week 8th August - 12th August					
Tuesday - Thursday	Courtyard Prayer	8.40am	6S			
WEEK 6	Week 15th August - 19th August					
Tuesday—Thursday	Courtyard Prayer	8.40am	6M			
WEEK 7	Week 22nd August - 26th August					
Tuesday - Thursday	Courtyard Prayer	8.40am	5T			
WEEK 8	Week 29th August - 2nd September					
Monday - Wednesday	Year 5 Camp - Chaverim	All Day	Year 5			
Tuesday - Wednesday	Courtyard Prayer	8.40am	6L			
Thursday	Father's Day Liturgy	9:00am	Year 3			
Friday	PUPIL FREE DAY	PUPIL FREE DAY				
WEEK 9	Week 5th September - 9th September					
Monday - Wednesday	School Musical		General			
Tuesday - Thursday	Courtyard Prayer	8.40am	5A			
WEEK 10	Week 12th September - 16th September					
Tuesday - Thursday	Courtyard Prayer	8.40am	5P			
Wednesday - Friday	Year 6 Camp - Hervey Bay	All Day	Year 6			

2022 TERM DATES				
TERM 1	Monday 24 January - Friday 1 April			
TERM 2	Tuesday 19 April - Friday 24 June			
TERM 3	Monday 11 July - Friday 16 September			
	PUPIL FREE DAY - Friday 2nd September			
TERM 4	Tuesday 4 October - Friday 2 December			

2022 SPORTS DATE CLAIMERS					
TERM 2	District Cross County	13-May	Avoca SS		
TERM 3	District Athletics Carnival	3/4 August	St Luke's		
TERM 4	Years 3-6 Senior Swimming Carnival	25-Nov	BSA		