

Term 2, Week 8

Principal's News

Special Points of Interest

 Parent Education Session entitled Anxiety— Understandings and Strategies to Reduce Anxiety in Children.

> 9th June at 7.30pm Loyola Centre Shalom College

This session explores some of the reasons for the increase in the levels of anxiety experienced by children and adults. This session provides practical strategies for parents and teachers on how to reduce anxiety for children.



Important Dates for Week 9

- Monday morning Parish Mass—Year 6 and Prep
- Courtyard Prayer 6R Tuesday, Wednesday and Thursday
- Friday Liturgy 2C at 8.45am
- Friday Assembly 3S at 10.25am.

Life seems pretty hectic. Work takes up a lot of time, kids need to be taken to sport or dancing, there's homework, house work, shopping, bills to pay, banking, music practice, meals to prepare..... and I'm often amazed at how people manage to fit it all in. Work itself can be the same. Most of us have some form of strategic directions to be conformed to, deadlines, key result areas to be monitored, accountability documentation to be completed, budget targets to meet and so on.

Yet every now and then things happen either to us, or to people close to us, which makes us pause for a moment, and reflect upon, both our busyness and our priorities. Perhaps it's a serious health issue or perhaps we've lost a close friend or family member. Suddenly all those things which once seemed so urgent and important, for a time at least, fade into insignificance.

We look at our priorities, and for me it only comes down to two things – time and people. Surely these are the most important aspects of our life, and they are so closely related, that they are nearly one. It's all about where we spend our time, and whom we spend it with. These things are as important in our work environment, as they are in our lives. Recently I came upon a set of questions around this idea, which I consider worth sharing. **Even though I am busy, whom**

could I be spending more time with?

Even though I have a lot to do, whom could I be listening to more?

Even though I don't have much time, whom do I need to communicate better with?

Even though we communicate OK, whom do I need to be more honest with?

Even though my schedule is full, whom could I be acknowledging more?

Even though I can do it myself, whom could I be asking for more help from?

I'd encourage you to give these some thought. Stephen Covey wrote, "Most of us spend too much time on what is urgent, and not enough time on what is important."

Mark Fox

Seek maker hings

Click our school crest below

to go our school website calendar.

3 June 2016

Click the facebook icon to go to our school facebook bage.



Click the Parish logo below to go the Group Programs Calendar.

Click the Centacare logo below to go the Group Programs Calendar.



Shrek Jr rehearsals are in full swing and it's time to begin organising costumes. We will be contacting parents who have offered their assistance soon. We are

asking our parent community for donations of any of the following:

• Clothes racks to hang our costumes on Styrofoam (all shapes and sizes)

Many thanks to the donations of cardboard, logs and some Styrofoam already received.



REMINDER

Junior Sports Day Tuckshop must be pre-ordered through the paper bag system. Please click on the tuckshop logo for more information on how to

order.

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Our school photos will be taken on the 18th July 2016.

For the convenience of our school community, school photos can be ordered and paid for online using a secure online platform. Orders placed online DO NOT require an envelope, cash/cheques or paperwork returned to school.

Envelope Orders: photos can also be purchased in the traditional manner using an envelope, with cash/cheque enclosed.

The preference of our school is that orders and payments be made online, as this reduces the administration and associated security issues related to the return of cash & envelopes on photo day.

To place your order visit <u>www.advancedlife.com.au</u> and enter the code- [K5C 1GB PD7].

This code can also be found printed on your envelope. Please be aware that-

Sibling/Family Photos can be ordered online or via envelope. To ensure a smoothly run photo day, online orders for Sibling/Family Photos will be cut off at 12.00 a.m. the night before our photo day to allow a list of students that require Sibling/Family Photographs taken to be compiled. Sibling photos can still be ordered after the online cut off date by collecting an envelope from the office and returning the envelope on photo day with your payment enclosed. All online orders should be placed on or before our day of photography. The online code above may also be used to order sports and other group photos. All orders placed online will be delivered to the school for collection



Please click the Online Ordering button to be taken to advancedlife.com.au **Online Ordering of photos is preferred.**

Student of the Week



Playgroup



Come join us for a relaxed morning. Enjoy some Morning Tea with other Families bringing Children together to Play & Share in a Parish setting.

For Children, Newborn to School Age.

- When: Every Tuesday
- Time: 9:00am ~ 10:30am St Patrick's Parish Hall Place: 16 Powers Street



Bundaberg West

For more information, please contact Kathy Harden on 415 3833 or 0429 625 730 f bundycatholicplaygroup@groups.facebook.com

Finance News

SCHOOL ACCOUNTS

A friendly reminder to all families that Term 2 Fees were due for payment, Friday 13th May 2016, if you do not already have a payment plan in place. If you have not yet paid or do not have a payment plan in place or if you have any queries regarding your school account, please do not hesitate to contact Finance Secretary Maria Davies.



UPDATE - SCHOOL BANKING REWARD ITEM Due to popular demand, Commonwealth Bank have now exhausted all stock of the FLYING SNAKE TAIL and will no longer be available to order.

CATHOLIC IDENTITY SURVEY REBATE

Thank you to all parents who participated in the Catholic Identity Survey.

If you have completed the survey but not yet forwarded a copy of your participation certificate, please provide a copy to Finance Secretary Maria Davies by end of term 2 to be eligible to receive the \$15.00 rebate which will be applied to term 3 fees.