



## PRINCIPAL'S NEWS

21 April 2023

The last Newsletter I wrote, found my thoughts firmly planted in the Lenten season, as we prepared for Easter. Easter is the most symbolic event on the Christian calendar and a significant act of God, in the living memory of human history. This sequence of events is very much part of our identity, as a community of those who believe in the 'Son of God' being sent on a self-sacrificing mission, for the betterment of humanity.

Weeks later, we now prepare for another significant time of ceremony, which is often linked to a National Identity encompassing mateship, teamwork, courage and resilience. When we consider the self-sacrifice made by soldiers on the beaches of Gallipoli, for freedoms enjoyed today, it is tempting to make parallels between the two historical recounts. They are, however, vastly different in context. What I do like to draw from these two stories though, is the hope and resurrection often born from times of crucifixion, despair and defeat. This can conjure in us a strength when we find ourselves carrying our own cross or burdens, which weigh us down to a point where it would be easier to give up. These are rich in tradition and carry important messages worthy of being passed on to the next generation.

Easter Sunday, at Bargara, there was not a seat left in the humble church of St. James. Christmas time, the same issue experienced, when there was only standing room at Holy Rosary. We would welcome the same problem during the term, but it is affirming to see that families are still very keen to keep traditions alive in a way that reflects the need to show ones' respect and gratefulness at these significant times of the year. This will hopefully be true of our ANZAC DAY march next Tuesday, 25<sup>th</sup> April, where we will assemble from 8am on Bourbong Street, between Tantitha and Targo Streets near Stag Hairdressers.

Students are asked to wear their sports uniform with formal school hat and apply sunscreen before attending. Please make sure students are well hydrated and consider bringing a water bottle. The march will commence at 8:30 and will go along Bourbong Street, past the Cenotaph and continue down Bourbong Street into Buss Park. Once we arrive at Buss Park, somewhere just after 9:00am, we will take students from Prep to Year 5 to the front of the Anglican Church on Woongarra Street. We would ask that parents collect their children from this position, as soon as the march itself concludes. We really appreciate our younger children being part of this event, so we are not asking these children to stay for the whole ceremony – only the march itself. All children must remain with teachers, until they are collected by a parent.

Our Year Six students will stay for the ceremony as the mature leaders of our school. They understand the significance of ANZAC Day and will represent our school well. This part of the ceremony will be completed no later than 10:00am.

Each year there are fewer veterans marching out front and they draw hope that their legacy will continue through the school students that attend to show their 'respect and gratefulness'. It is a wonderful opportunity for St. Patrick's to stand proudly, shoulder to shoulder, as we partake in this worthwhile community event.

Lest we forget.

*Kim O'Shea-Hard*



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to go our  
school  
website



Click the  
Parish logo  
to go to the  
Parish  
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**Absentees**

4994 8336

[spb\\_absentees@rok.catholic.edu.au](mailto:spb_absentees@rok.catholic.edu.au)

## APRE NEWS

Last term we set ourselves a challenge—Bucks for Books. The aim of this challenge was to try to raise \$3000 to assist a school in Nepal set up a library.

Our school community jumped on board and, with our Mini Vinnies' Pancakes for People, the Reef Guardians' Containers for Change, the Mini Fair and our Bucks for Books challenge we managed to raise in excess of \$4100! We are so very humbled and in awe of the generosity of our school community with both their time and their donations. Wow! Thank you so very much St Patrick's!



On Friday, May 12 we will once again be holding our Mother's Day Liturgy. We really value the Mothers in our community and would love for you all to join us in celebrating them at our Liturgy on May 12, at 9.00am in the Multi. Please ensure you send one photo per family of mum and the kids to [spboffice@rok.catholic.edu.au](mailto:spboffice@rok.catholic.edu.au) no later than Wednesday May 10 to be included in the presentation.

We look forward to celebrating with all of the special ladies in our community.

## CHESS AT LUNCHTIME

The students embraced a new lunchtime activity this week, nothing like a good old game of chess for the soul.





## SPORTS NEWS—BUNDABERG DISTRICT SPORT REPRESENTATIVES

Congratulations to the following students who have been selected to represent the Bundaberg District in their respective sports at the upcoming Wide Bay selection trials. We wish you all an enjoyable and rewarding experience at the trials.

### 10-12 Years Football



*Alyse B and Peyton L*

### 10-12 Years Rugby League



*Archer J, Oliver B and Christian R*

### 10-12 Years Hockey



*Sophie A*

### 10-12 Years Football



*Lachlan T, Harry A, Darius S and Grayson K*

## BOOKCLUB

### PARENTS & KIDS

**ORDER NOW**

Book club catalogues have been sent home with your child this week.

All orders need to be made **ONLINE via LOOP payment** on the Scholastic website, as no cash orders can be accepted.

Please go to [www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP). All orders are due by **Wednesday 3 May**.

As soon as orders are dispatched to us, we will then send home with your child.



## CROSS COUNTRY CARNIVAL (YEARS 3-6)

**WHEN:** Monday, 24 April 2023

**WHERE:** Shalom College

### Event Times:

1.	9:10am:	Boys & Girls Born <b>2012 &amp; 2011</b> (11 & 12yrs)	3km – A Division
2.	9:40am:	Boys & Girls Born <b>2013</b> (10yrs)	2km – A Division
3.	10:10am:	Boys & Girls Born <b>2015</b> (8yrs)	1km – A Division
4.	10:20am:	Boys & Girls Born <b>2014</b> (9yrs)	1km – A Division
5.	10:30am:	Boys & Girls Born <b>2013, 2012 &amp; 2011</b> (10-12yrs)	1km – Fun Run

Boys in each age group will start first, with the girls starting 30 seconds later.

**PRESENTATIONS:** Age Champions (10-12yrs) and Overall Champion House will be presented immediately after the event at Shalom.

### ALL STUDENTS

**MUST** run in school sports uniform with house coloured shirt.

**MUST** run in footwear. The course will be clearly marked and supervised.

**MUST** bring their school hat and water bottle. Sunscreen will be provided by the school upon leaving the school grounds on the morning of the carnival.

**Students placed first and second in A Division Born 2011, 2012 & 2013 will be considered for selection to compete at the Bundaberg District Cross Country trials to be held at Avoca State School on Friday 12<sup>th</sup> May. Qualifying times need to be met to participate in the District carnival.**

All students finishing 1<sup>st</sup>-10<sup>th</sup> place and competing in A Division races will receive a ribbon for their place in the event. All other students will be advised of their final position in the race on the day. A warm invitation is open to all interested parents to support their child/children during this event. Approximate times have been outlined above, although please understand that there may be a need for flexibility with these times. Parking will only be made available in the Arts Precinct carpark (the first carpark to the left off Brother Hogan Drive). Please note the Staff toilets in the Shalom Sports Centre will be available to adults on the day. The toilet facilities in the 'Hangar' Sports Shed are for student use. Your cooperation with this is greatly appreciated.

Children will travel by bus to Shalom College with their class teacher who will supervise students in travel and throughout the carnival. Lunch and afternoon tea will be at normal times at school.

We look forward to an enjoyable and supportive event for all competitors.



# COUNSELLOR NEWS

There are some great programs starting soon (in April, May and June) at Uniting Care and Peirson Services in Bundaberg. This includes the Circle of Security Parenting Program which is excellent. Here is a video clip explaining more about it. [Circle of Security Animation - Bing video](#) There's also the Bringing Up Great Kids Program which includes one specifically for raising teenagers. And there is also a program for Year 4 – 6 Boys focusing on self-regulation and social skills. Please phone the agencies for more information or to book in.

## Circle of Security Parenting Program



A parenting program for understanding your children's emotional needs and building secure parent-child relationships

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Circle of Security can become a roadmap for how to respond to your child's behavior if at times you feel lost.

### Learning Objectives of the Training

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

<b>When</b>	Wednesday 26 April to 14 June 2023 8 week program
<b>Where</b>	UnitingCare Corner of River Terrace and Penny St Millbank Bundaberg
<b>Time</b>	10am - 11:30am
<b>Cost</b>	\$5
<b>Registration</b>	Phone: Karen at UnitingCare on 4153 8400



[unitingcareqld.com.au](http://unitingcareqld.com.au)



## BUGK - Bringing Up Great Kids PARENTING ADOLESCENTS - A shifting Landscape



6 weekly sessions support parents/caregivers to:

- Build on and maintain the positive relationships and interactions you have with your child
- Support your adolescent to forge their own identity
- Support your adolescent as they push the boundaries whilst still being there to guide, nurture and support them
- Understanding the 'period of adolescence' and the meaning attached to behaviours and interactions
- Develop an increased understanding about the messages both you and your adolescent communicate through behaviours, actions and attitudes

12:30PM to 2:30PM  
Tuesday 9th May  
Tuesday 16th May  
Tuesday 23rd May  
Tuesday 30th May  
Tuesday 6th April  
Tuesday 13th April  
Tuesday 20th April

BUGK is facilitated at Peirson Services  
For more information please contact us on 07 4151 2299 or  
[Bundaberg@peirsontrust.org.au](mailto:Bundaberg@peirsontrust.org.au)



Building Mastery over self and with others

This is a 6 week program for boys in grades 4, 5 and 6 to learn the skills needed to gain mastery over their self and improve their relationships with others.

## Tuff Masters

Self-regulation and social skills taught:

- Attention and Focus
- Impulse control
- Awareness of self and others
- Communication
- Working Memory
- Task initiation and follow through
- Time management and organisation



Challenges, games & focused discussion are used in equal parts to help boys learn the skills needed to be more successful at home, school and in the community.

Tuesday afternoons  
2nd May - 13th June  
3:20pm drop off for a 3:30pm start  
5pm collection

Tuff Masters is facilitated at Peirson Services. For more information please contact us on 07 4151 2299 or email [bundaberg@peirsontrust.org.au](mailto:bundaberg@peirsontrust.org.au)



## BUGK - Bringing Up Great Kids



6 weekly sessions support parents/caregivers to:

- Reflect upon why you parent the way you do and what you do well
- Learn more about how a child's brain grows and influences their thoughts, feelings and behaviours
- Understanding the hidden meaning of children's behaviours and your response to it
- Reflect upon the subtle messages you send your children everyday and how they respond
- Develop effective skills around deep listening and being present in the moment
- Understand how common barriers can influence your relationship with your child
- Acknowledge how caring for self, fosters positive family relationships

12:30pm to 2:20pm  
Thursday 11th May  
Thursday 18th May  
Thursday 25th May  
Week off for show holiday  
Thursday 8th June  
Thursday 15th June  
Thursday 22nd June

BUGK is facilitated at Peirson Services. For more information please contact us on 07 4151 2299 or [Bundaberg@peirsontrust.org.au](mailto:Bundaberg@peirsontrust.org.au)



# TERM TWO PLANNER

<b>WEEK 1</b>	<b>Week 17th April - Friday 21st April</b>		
Monday	School returns		
Tuesday–Thursday	Courtyard Prayer	8:40am	2N
Friday	Junior Obstacle Course	9:00am-11:00am	Prep - Year 2
<b>WEEK 2</b>	<b>Week 24th April - 28th April</b>		
Monday	Senior Cross Country	9:00am-11:00am	Years 3-6
	Anzac Day Liturgy	2:00pm	Year 5
Tuesday	PUBLIC HOLIDAY - ANZAC DAY		
Wednesday–Thursday	Wednesday to Thursday–Courtyard Prayer	8:40am	6L
<b>WEEK 3</b>	<b>Week 1st May - 5th May</b>		
Monday	PUBLIC HOLIDAY - LABOUR DAY		
Tuesday–Thursday	Courtyard Prayer	8:40am	6M
<b>WEEK 4</b>	<b>Week 8th May - 12th May</b>		
Monday	Parish Mass	9:00am	Year 6
Tuesday-Thursday	Courtyard Prayer	8:40am	6S
Friday	Mother's Day Liturgy	9:00am	Year 2
	District Cross Country	12:00pm-2:30pm	Avoca
<b>WEEK 5</b>	<b>Week 15th May - 19th May</b>		
Monday	Parish Mass	8:40am	Year 4
Tuesday-Thursday	Courtyard Prayer	8:40am	1C
<b>WEEK 6</b>	<b>Week 22nd May - 26th May</b>		
Monday	Parish Mass	8:40am	Year 3
Tuesday–Wednesday	Courtyard Prayer	8:40am	1M
<b>WEEK 7</b>	<b>Week 29th May - 2nd June</b>		
Monday	Parish Mass	8:40am	Year 2
Tuesday–Wednesday	Courtyard Prayer	8:40am	1N
Thursday	BUNDABERG SHOW HOLIDAY		
<b>WEEK 8</b>	<b>Week 5th June - 9th June</b>		
Monday	Parish Mass	8:40am	Year 5 & 1
Tuesday–Thursday	Courtyard Prayer	8:40am	4C
Friday - Saturday	Music Camp	All Day	
<b>WEEK 9</b>	<b>Week 12th June - 16th June</b>		
Tuesday–Thursday	Courtyard Prayer	8:40am	4K
<b>WEEK 10</b>	<b>Week 19th June - 23rd June</b>		
Monday	Field Events Day (Born 2011-2013)	All Day	
Tuesday	Senior Athletics Carnival (Born 2011-2014)	All Day	
Tuesday–Thursday	Courtyard Prayer	8:40am	4M
Friday	Junior Athletics Carnival (Born 2015-2018)	All Day	



# OUT AND ABOUT



PLEASE JOIN US

**30**  
Walk with us  
YEAR ANNIVERSARY  
EMMAUS COLLEGE  
1993 - 2023

WE INVITE YOU TO CELEBRATE OUR 30 YEAR ANNIVERSARY

FRENCHVILLE  
SPORTS  
CLUB

MAY  
**13**  
2023

AT 06:30 PM

RSVP to be made by 21st April 2023 when making payment. The payment of \$50.00 per person can be made via EFTPOS at Main Street or Yaamba Road Reception or by phoning 07 49235715



Contact Dave Delpratt  
0418 526 968  
bundytt@bigpond.com

Spinneroos gives kids a great first experience with table tennis!



**8 weeks of fun!**  
Program includes a kit bag, t-shirt, bat and balls!

Starts Wednesday 3 May  
Ends Wednesday 21 June  
4.30 - 5.30 pm each week

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